



High School Elite Training Academy

This training academy is for the serious high school basketball player. This 12 session academy is to prepare High School players for their upcoming season. Over the 6 weeks leading up to the season players will meet twice weekly. Each session will last 2 hours, the 1st hour will focus on fundamentals and skill development, with the 2nd hour focusing on competitive games, drills, and controlled scrimmages. Enrollment for the academy is limited to ensure individual attention and maximum results, so register early! Keep in mind this academy is for the player that is serious about improving and contributing to their High School team.

When: Every Sunday and Wednesday
October 3rd-November 10th
Girls: 5:00pm-7:00pm
Boys: 7:00pm-9:00pm

Location: Buford Garner Elementary School
80 Birch Street, North Liberty, IA 52317

Cost: \$300 for all 12 sessions!

Registration: See attached registration form

"Making Complete Players"

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